# Practical Strategies for Supervisors



Strategy: Setting Clear, Developmental Goals

#### **Actionable Steps:**

- 1. Meet with each student to discuss their career interests and skills.
- 2. Develop SMART (Specific, Measurable, Achievable, Relevant, Time-bound) goals together.
- 3. Regularly review and adjust goals as needed.
- 4. Provide written documentation of goals and progress.

### Important to Note:

- · Customize goals based on interests.
- Ensure goals are realistic.
- · Adapt to student progress.
- Keep records for reference.

Strategy: Providing Regular, Constructive Feedback

#### **Actionable Steps:**

- 1. Schedule regular check-in meetings (ex. bi-weekly) consistency is key.
- 2. Use the "sandwich" method: positive feedback, areas for improvement, positive feedback in order to balance the feedback given.
- 3. Be specific and objective about what needs improvement.
- 4. Recognize and celebrate achievements and progress to encourage motivation.

#### Important to Note:

 When providing feedback about what needs improvement, focus on behaviors and not personal qualities or characteristics.

Strategy: Encouraging Reflection on Work Experiences

#### **Actionable Steps:**

- 1. Encourage students to keep a work journal to promote self-assessment.
- Ask reflective questions during check-ins (Ex., "What did you learn this week?")
- 3. Provide time for students to present their reflections to peers or supervisors
- 4. Incorporate reflection into performance reviews.

## Important to Note:

• These steps facilitate critical thinking, learning, and communication skills.

Strategy: Creating Opportunities for Skill Application and Growth

#### **Actionable Steps:**

- 1. Assign projects that align with students' career goals.
- 2. Offer cross-training in different departments.
- 3. Encourage participation in workshops, seminars, and training sessions.
- 4. Provide leadership or mentorship opportunities.
- 5. Ask reflective questions during check-ins (Ex., "What did you learn this week?")
- 6. Provide time for students to present their reflections to peers or supervisors
- 7. Incorporate reflection into performance reviews.

#### Important to Note:

• These steps facilitate critical thinking, learning, and communication skills.

